

ISHINRYU KARATE
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DEAR INSTRUCTOR,

I hope this letter finds you all in good health.

Outstanding start to the year for Ishinryu.

8 Ishinryu Under 21 picked to represent England in the JN European Championships, with Amiee Sell taking Silver and Katie Karwacinski taking bronze.

5 Ishinryu Seniors have been selected for the Senior European Championships 2011.

Ishinryu Took 8 Gold, 5 Silver and 9 Bronze at the EKF Nationals.

A report is on the website plus Photos.

A special thanks to our Ishinryu national coaches Sensei Jonathan Mottram and Sensei Gavin Foster.

The Special Summer Camp 2011 will be held from the 1st July till 4th July

Please look on the Ishinryu web site www.ishinryu.org for details.

Amiee Sell has just represented England in Turkey taking gold, and Chris Karwacinski taking bronze. Well done.

DATES for 2011

Special Open Summer Camp 1st July – 4th July.

Ishinryu Open one day course, Sunday 23rd October

Pre- Grading Course Sunday 27th November

General Grading will be held on Sunday, 4th December 2011.

All will be held at BARKING ABBY SCHOOL WOODBRIDGE ROAD IG119ET.

Can all clubs send in a list of students wishing to grade and which grade they will be taking. 5th to 4th and 4th to 3rd kyu £20.00; 3rd to 2nd and 2nd to 1st kyu £25.00; Black Belt 1st Dan £35.00; and 2nd Dan £45.00 – 3rd Dan £50.00.

In March this year I was invited back to Australia, this time to teach with Sensei Tony Hails, Chief Instructor of Ishinryu in Australia who has been upgraded to 7th Dan. The course went well and other Ishinryu Instructors, Sensei Bruce Hyland 6th Dan, Sensei Phil Laing Chief Instructor of Ishinryu in New Zealand who has been upgraded to 5th Dan and sensei Ian Cole 3rd Dan also attended. Have a look on the web-site for pictures.

I must say, after looking at the standard of Ishinryu both in Australia and New Zealand I was very pleased.

Well done to Tony, Bruce and Philip. E-mail ticky.donovan@btinternet.com

Best Wishes

Ticky Donovan O.B.E.

9th Dan Founder and Chief Instructor.